**Tandem Trekkers Route Assessment**

**Ride route: 100 km Loop from Birkin Fisheries**

Route Assessed: 18th July 2024 by Keith Sandiford and Paul Stark. Ridden on 700x28c tyres. Weather sunny – 20 degrees. Minimal wind.

The route is entirely on road and is mainly on rural roads and country lanes but includes a long stretch of about 10 miles on A-Roads at 20-30 miles as well as other shorter stretches on A roads.

The total distance is 65 miles and includes around 1000’ of ascent / descent. It is hence essentially a flat route.

The route crosses several railway level crossings. Regroup after crossing if riders get separated due to rail traffic. Might take several minutes.

It is a long route and only suitable for experienced riders with sufficient stamina

There are a lot of junction turns on this route and it is important to stay close together, regrouping frequently when safe to do so. The section from Crowle to Goole is exposed and potentially subject to strong head/cross winds.

The route passes through several small towns requiring extra care and vigilance.

Around Goole there is a cycleway which should be used.

**THE OVER-RIDING ISSUE CONCERNING THIS ROUTE IS THE LENGTH. LOGISTICS CO-ORDINATOR TO ONLY ALLOW RIDERS DEEMED SUITABLE TO JOIN THIS RIDE. IF FEASIBLE, A BACK UP VEHICLE WITH TRAILER TO SHADOW RIDERS. CAREFUL HEED TO BE GIVEN TO WEATHER FORECAST. POTENTIAL NEED FOR SUNCREAM AND EXTRA FLUIDS TO BE STRESSED.**

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| Nr | Approx distance from start  (miles) | Risk Description | Mitigation | Risk rating  Low / Med / High |
| START | 0.0 | Start point – Birkin Fisheries, Haddlesey Rd, Birkin, Knottingley WF11 9LT |  |  |
| 1 | 3.0 | Traffic lights over bridge may not actuate. | If lights are red for more than a normal interval and no vehicle following to set off sensors, then ride leader to cautiously cross and radio group when safe to proceed. | Med |
| 2 | 11.2 | Entering Askern join busy A Road | Extra care and vigilance. Mark junction if practical. | Low |
| 3 | 11.4 | Use slip road to avoid traffic lights | Extra care and vigilance. | Low |
| 4 | 20.6 | Level crossing – rail lines are at an acute angle and not perpendicular as normal. | Extra care and vigilance. | Low – Med |
| 5 | 21-30 | Road straight - fast traffic and busier than rural parts of route | Extra care and vigilance. | Low |
| 6 | 30 | Enter Crowle | Extra care and vigilance. | Low |
| 7 | 47.5 | Enter Goole Industrial Area - Busy | Use Cycle Paths | Low |
| 8 | 56 | Enter Snaith – Right Turn. Give way to oncoming traffic | Extra care and vigilance. | Low |
| 9 | 62 | Cross A19. Blind bend. Fast traffic | Dismount and cross on foot unless signalled clear | Low - Med |
| 10 | END | End point – Birkin Fisheries, Haddlesey Rd, Birkin, Knottingley WF11 9LT |  |  |

**General risk assessment notes applicable to all rides**

All riders should be encouraged to take part in activities that are within their capabilities.

All riders must wear a helmet.

High vis clothing to be considered for road riding.

The session leader should have checked the leader pack as per insert and have leader pack with them at all times. This must include first aid.

Sun protection and water advisable to be carried.

For exposed routes or winter rides suitable clothing is essential along with spare water or windproof items.

All ride leaders should familiarise themselves with the contents of the ride leader pack specifically tools, spares, first aid and survival equip.

Ride leader should carry suitable navigation aids and check route assessment before commencing ride.

